

# **Aldwyn Primary School**

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## Friday 2<sup>nd</sup> February 2024



their royal attire

Cinderella's Ball.

ahead of

#### After School Sports Provision

Our Sports Ambassadors meet regularly with Miss Hind to discuss all things sporty! Within their meetings they share the views of the classes that they represent and discuss the sports activity provision that is on offer in the school. They are very keen to ensure that as many sports as children have an interest in are represented during the provision across the year which is why you will have noticed clubs changing for the current term. Taking their views into account, Miss Hind and Mr. Cole have released the timetable for next half terms provision.

Monday	Tuesday	Wednesday	Thursday	Friday
Year 5/6 Dodgeball with Miss Hind	Year 5/6 Multisport with Mr Cole	Year 3/4 Multisport with Mr Cole	Year 1/2 Multisport with Mr Cole	KS2 Gymnastics with Mr Cole
Year 3/4 Quidditch with Mr Cole				

These clubs will begin from Monday 19<sup>th</sup> February, and you will be able to book a space on the club via ParentPay from Wednesday 8<sup>th</sup> February 2024.

Mr. Bonsall paid a visit to BETT last week. The annual event held in London, is a big exhibition of new technologies and ideas in computing in schools. He listened to talks by: the Secretary of State for Education, Gillian Keegan, who talked about the safe use of AI in schools; Darcey Bussell, who talked about the 'physical offset' of computers (if children are using a computer more often during lesson times, we need to ensure that children have plenty of opportunity to do physical activities like dance, PE, Smile Mile and playtime) and Jaime Teevan, the main scientist at Microsoft. She talked about how AI is becoming much more common at work and in schools and how we can make it safer and usable. It was also a great opportunity to network with other professionals to share and gain ideas to extend our curriculum and extended curriculum offer.





Notcutts Garden Centre kindly donated 2 sacks full of Spring flowering daffodils to Aldwyn. Pupil Voice spent Thursday afternoon getting them into the ground along the line of the entrance path. Thank you to Harry and Grayson's parents who helped us on the afternoon, your help was greatly appreciated.























## **Sports News**



Our Indoor Athletics Competition has been absolutely brilliant. On Wednesday, the 31<sup>st</sup> of January, eighteen Year Six pupils attended an Athletics Competition at DCC (Denton Community College). Due to unfortunate circumstances, the school we were competing against decided to drop out of the competition earlier that morning. So that a competition could take place, we competed against the Year Seven pupils, who attend Denton Community College, in the track events. The pupils competed in a few events such as the obstacle course relay race - where you would have to complete obstacles like hurdles. Another race we competed in was an over and under race where the pupils must jump over a hurdle and go through a tunnel and repeat that two times. On top of all of this, the children also competed in a wide range of track events such as javelin, standing long jump, triple jump, chest press and much more.

Although the school we were competing against in Wednesday's heat dropped out, we were still competing against another eighteen schools! Our points have all been recorded and if we finish in the top six, we will go into the semi-finals. All of the pupils are extremely grateful for the trip, and all had lots of fun!

Written by Erin and Grace 6M

# Y5 Dodgeball

On Thursday 1<sup>st</sup> February we went to our first Victorious Academies inter school event, the year 5 Dodgeball festival at Audenshaw School. The Year 5's have been loving their afterschool club and got to put their skills into practise. Both teams played brilliantly showing great teamwork and determination.

The children had to rate the other schools on their school games values: self-belief, determination, teamwork, passion, honesty and respect. The highest score across all the values was the overall winner.

Special thanks to Charlie in Year 6 for coming to help organise and referee the event.





Friends

## The Birthday Message

We wish you many happy returns of the day. We hope you will be healthy and strong all the way Strong to do right, slow to do wrong, And thoughtful of others all day long.

#### This week we celebrate the birthdays of:

Hamza	Liddy	Toby	Joseph
Lily	Charlie	Leo	Daniel
Josie	Sonny	Mrs Newton	Miss Haygarth

## Friends Of Aldwyn

Friends of Aldwyn have a number of plans in the pipeline for the Spring

and Summer term.

Spring Disco

Mother's Day Stall

Easter Raffle



# And back for 2024 we have



Saturday 29<sup>th</sup> June

12noon – 4pm



#### TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

## Are you a parent or carer who wants to talk to your child about mental health?

My VOICE

MATTERS

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe - "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.



## My VOICE MATTERS

#### **CONVERSATION STARTERS**

Some ways to start a conversation with your child about mental health could be...

TELL ME ABOUT YOUR DAY WHAT WAS THE BEST THING ABOUT TODAY?

MENTAL HEALT

WHAT IS THE BIGGEST STRESS / WORRY IN YOUR LIFE RIGHT NOW?

WHAT'S YOUR ONLINE LIFE LIKE?

WHO WOULD YOU TALK TO IF YOU WERE FEELING WORRIED ABOUT YOUR MENTAL HEALTH?

WHAT CAN I DO TO HELP YOU?

#### Here's what children and young people told us they need from you:

We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.

I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.

Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.

Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.



Don't compare my experiences to your own when you were a child.

Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)

> Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.

If you are open with me about your feelings, this can help me to be more open about mine.

LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and

managing their behaviour. and act on

**PARENTINGSMART.ORG.UK** 

YOUR CHILD?

their views.

Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.

Sometimes a hug is all it takes to make me feel supported.

#### WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

C For primary children: bit.ly/3PzCGI8

C For secondary children: bit.ly/3LBD2wK







## Library Time for a Rhyme Sessions

Come along to your local library for nursery rhymes, singing and more. All the sessions are FREE and are available for all children 0-4 years and their families. No need to book just turn up.

#### www.tameside.gov.uk/libraries

-	Ashton Library	Wednesdays	10:00am-10:30am	1
	Denton Library	Mondays	2:15pm-2:45pm	
	Droylsden Library	Thursdays	9.30am-10am and 10.30am-11am	
	Dukinfield Library	Thursdays	2:15pm-2:45pm	
	Hattersley Library	Mondays	2:15pm-2:45pm	¥. 6
	Hyde Library	Tuesdays	10:30am-11:00m	
×.	Mossley Library	Mondays	2:15pm-2.:45pm	7
	Stalybridge	Tuesdays	10:00am-10:30am	6
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