



# Aldwyn Primary School

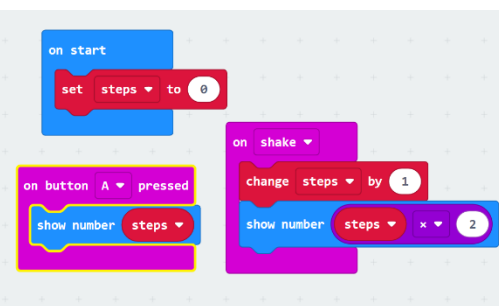
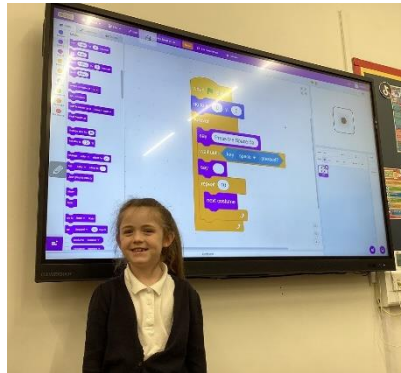
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## Friday 1<sup>st</sup> March 2024

### Looking Ahead...

<b>Mother's Day stalls</b>	Tuesday 5 <sup>th</sup> March	Wednesday 6 <sup>th</sup> March	Thursday 7 <sup>th</sup> March
<b>World Book Day</b>	Thursday 7 <sup>th</sup> March	<b>Book Fair</b>	19 <sup>th</sup> – 22 <sup>nd</sup> March
<b>Parents Evening</b>	Wednesday 20 <sup>th</sup> March	<b>Easter Assembly</b>	Tuesday 26 <sup>th</sup> March
			9am EYFS
			2.30pm KS1

Year 3 has been coding in Scratch. Children must decide if things are truly random and to do this they will be writing a program to simulate the throw of a dice. Once they have finished the program they will throw the computer dice 25 times, collect data on a tally chart and enter it into a spreadsheet. From there they will create a graph using Google Sheets and decide if numbers can be predicted or if the throw is truly random.



Year 6 have been programming the BBC Microbit and making their own steps counter. Children then tested it by walking around the computer suite. They made several modifications to the code to help it count a little better. This is just one of many projects children have coded using this little computer and these lessons have been very successful across all year groups in Key Stage two.

This term, in Computer Club, we are incorporating aspects of Computer-Aided Design and Design and Technology. We have used Google Gemini to research and design turn-of-the-century fairground rides. We are now creating our designs using recyclable cardboard and plastic. We will then programme a BBC Microbit to control motors and lights that will bring each ride to life.



We have had an increasing number of pupils, parents and staff who have been raising concerns about incidents which are taking place outside of school over mobile phones which are affecting our pupils and their families. We strongly recommend that parents and carers supervise the ways that their children are using their phones, the membership of the groups that they are in and regularly look at the content that is being posted and they are receiving. Further advice can be found at [UK Safer Internet](https://www.nationalonlinecollege.com)

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit [nationalcollege.com](https://www.nationalcollege.com) for further guides, hints and tips for adults.

# SMARTPHONE SAFETY TIPS

## for young people

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You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

### NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosy around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

### RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

### TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

### STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

### DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

### IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

### ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

### REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

### THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

### SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College



National Online Safety

#WakeUpWednesday

@natonlinesafety

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Year 2 have been learning about plants in their Science topic. They have learnt that most plants start to grow from either a seed or a bulb. This week, they planted cress seeds and will observe them growing over the next few weeks. They will make sure they have enough water, light and air, whilst keeping them in a suitable temperature and allowing them enough time to grow. Watch out for progress photos in the next few weeks!

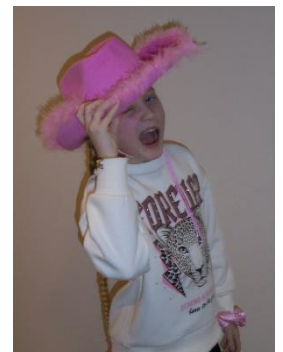


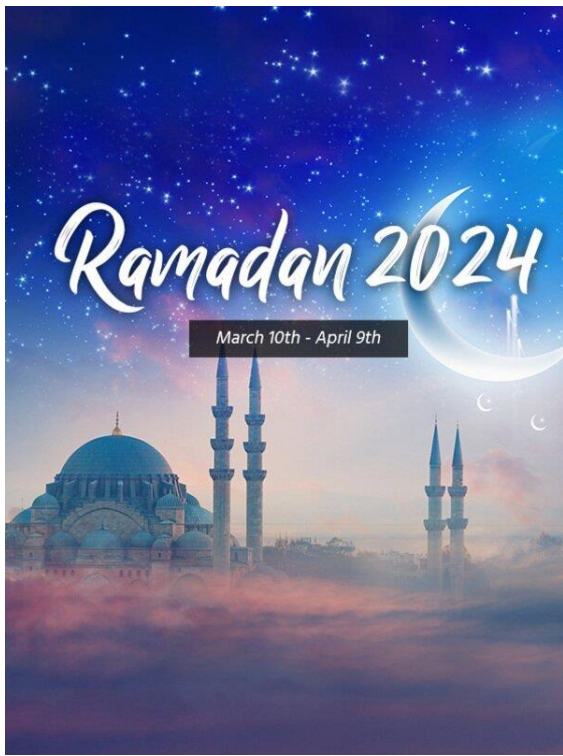
This week, Chance to Shine have been working with Year 4. We have been developing and applying a range of bowling skills, including how to throw a ball overarm and how to aim for the wicket. We have also been developing our catching skills. Could there be a Ben Stokes in the making?



We were really pleased to Go Bright today to support the work of Muscular Dystrophy UK. Muscular Dystrophy UK is a charity that raises awareness and funds for people living in the UK with a muscle wasting condition. Further information can be found at <https://www.muscular dystrophyuk.org/>

We will update you with how much we have raised to support the cause next week.





As a school, we are aware that as children get older, they will begin to take part in fasting during Ramadan. If your child will be fasting in the period of Ramadan, we would like to work with you to make sure that your child is supported by school in the best way we can. Children who are fasting will be able to use the quiet room during dinnertimes if they choose. This will be a space where they are able to rest, pray or take part in quiet activities as they choose.

Please could you inform your child's class teacher if they will be taking part in the fast so that we are aware and we are able to support them appropriately during the day.

# Easter

Children in EYFS and KS1 are invited to create/decorate Easter Bonnets to be used as part of the assembly which will be held on Tuesday 26<sup>th</sup> March. Parents and Carers are invited to join us for the assembly. For EYFS children this will be at 9am, for KS1 children the assembly will be at 2.30pm. Please send any bonnets into school by Monday 25<sup>th</sup> March.



We will once again be supporting the work of Willow Wood Hospice as we take part in this year's Bunny Hop to raise vital funds for the Hospice.

All children throughout school will take part in the fundraiser on Monday 25<sup>th</sup> March 2024.

Children will shortly bring home an information letter and a sponsorship envelope to gather sponsors from those in a position to donate.



Earlier in this school year a number of our Year 6 children planned and ran a cake sale to raise funds towards the work of the WWF. After some great thought, the girls decided that they would like to sponsor a giant panda. We have received a small panda, certificate and information pack as a reminder of the outstanding job the children did towards the work of the charity.



# Friends of Aldwyn



Thank you to all the families who have supported this week's discos. The children really enjoyed the evenings and we raised almost £1000.

Friends of Aldwyn will be holding their annual Mother's Day stall on Tuesday, Wednesday, and Thursday next week. They have a range of gifts available to purchase priced from 20p to £1.50. The stalls will be held in each area of the school during the school day. If you would like your child to visit the stall to buy a gift, please send a small amount of money in an envelope or a named purse. It is always appreciated if children bring coins rather than notes.

Thank you for your continued support to the work of Friends of Aldwyn



In the week leading up to the Easter break, Friends of Aldwyn will be holding the Easter raffle. Children will be able to pay £1 for a raffle ticket to be in with a chance of winning an Easter hamper packed full of goodies. There will be one hamper per year group.

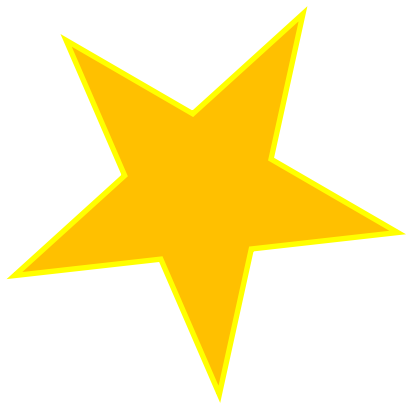


# ALDFEST

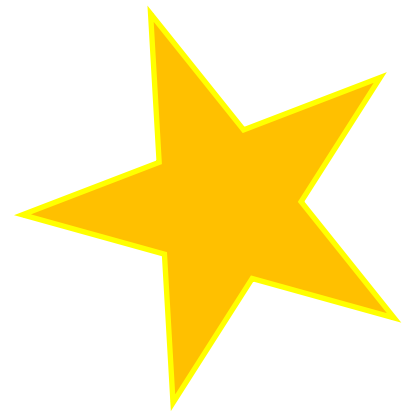
Saturday 29<sup>th</sup> June

12noon – 4pm





To be our best at



We will:

- Care for people and property
- Value others at all times
- Listen, think and follow instructions
- Be helpful, kind and polite
- Enjoy and achieve in all our work

Each week teachers choose a star of the week based on the Aldwyn Values.

The winners of this week's awards are:

Alfie	Louie	Ella	Isaac	Rumaan	Koven
Alayna	Emilia	Robyn	Polly	Luke	Santi
Heidi	Grayson	Alexi Mia	Jenson	Niah	Eva
James	Ameerah	Kito	Megan	Bella	Isla
Maryam	Raph	Laila	Arthur	Ralphie	Finley



### The Birthday Message



We wish you many happy returns of the day.  
 We hope you will be healthy and strong all the way  
 Strong to do right, slow to do wrong,  
 And thoughtful of others all day long.

This week we celebrate the birthdays of:

Oliver	Scarlet	Freya	Oliver
Darcie	Robyn	Miss Sutton	Mrs Heeds