

Aldwyn Primary School

Lumb Lane, Audenshaw, Manchester M34 5SF 0161 370 3626 Email: <u>admin@aldwyn.victoriousmat.org</u>

Friday 7th February 2025

14th February

End of half term

24th February

Start of term

Last Friday 2MK put their wellies on and went to our outdoor learning area to make feeders for the birds in the cold winter weather when it is harder for them to find food. The children mixed lard and seeds with sticks then filled cups with the mixture. Then they tied the cups to the trees, going as high as possible to protect the birds from animals. They had some time to explore and loved jumping from the bridge into the muddy puddles!









This week, 4M have been getting creative producing their 'Rapid Responses' to the 'Sheep Pig', which is our current text in Guided Reading. We have celebrated what we have learnt so far and we have recorded this in our books in a creative way. We had lots of fun doing this!









This term in design and technology we have been exploring pneumatic mechanisms.

We then created our own pneumatic toys using air pressure to create movement.

We designed a brief of how we wanted our toys to look using sketches and exploded diagrams before decorating and assembling our own toys.

The children worked really hard and had lots of fun creating their ideas and bringing them to life!





Year 1 have enjoyed a wonderful half term of learning how to mix primary colours to make secondary colours.

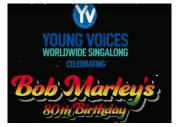
Here are their final pieces of artwork, inspired by the artist Clarice Cliff.

Year 3 have been sorting their books out at school. They found that they had so many, that the children were able to choose a couple of books each to take and keep at home.

Some of the children were so pleased with their choices that they couldn't put them down!



This week, Aldwyn have been celebrating the music of Bob Marley with a special worldwide singalong on what would've been his 80th birthday. With a live link from Young Voices, we have enjoyed singing and dancing to a medley of hits including Could You Be Loved, Jammin' and one of our Aldwyn favourites, Three Little Birds.



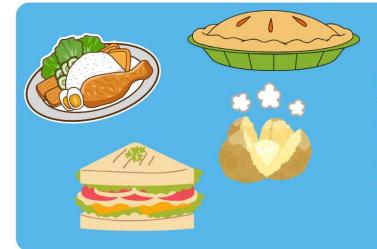
Reporting Absences

Please ensure that you contact the school office directly before 9am on each day that your child is absent from school.

You can report an absence via:

- Arbor app (our preffered method)
- E-mail to absence@aldwyn.victoriousmat.org
- Leave a message on the absence line 0161 370 3626





School Meals

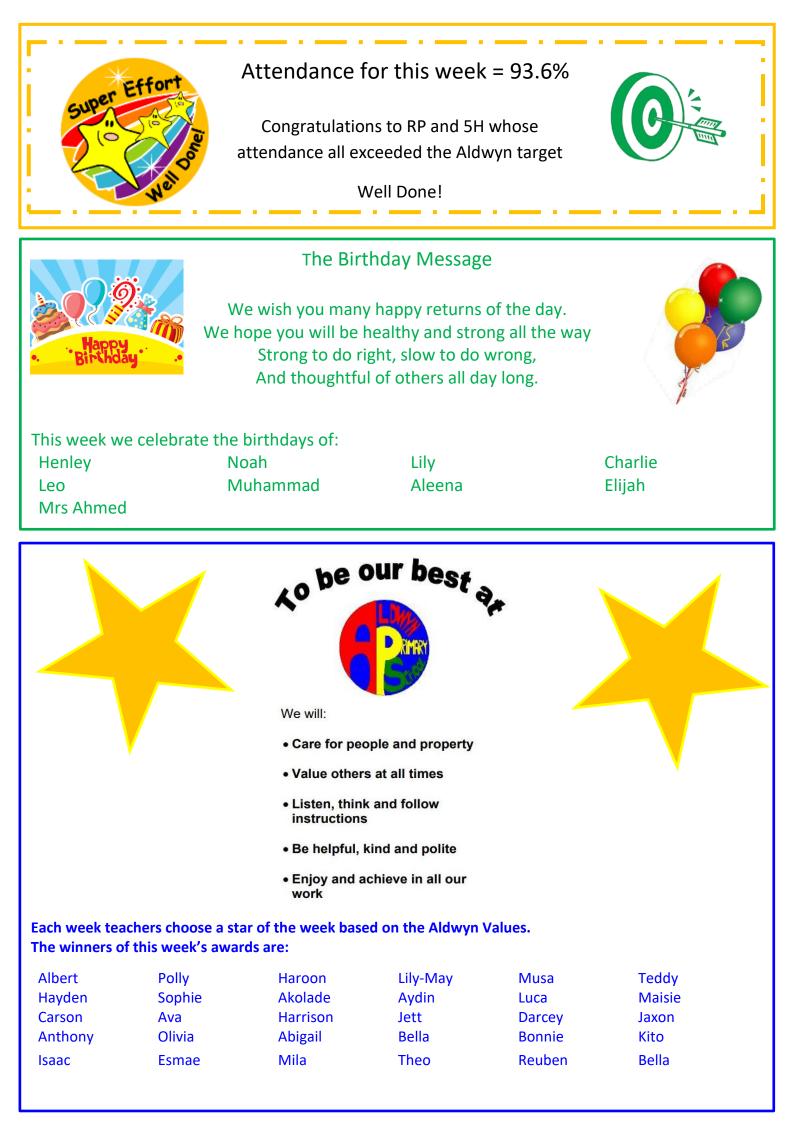
A reminder to log in to Arbor and choose your child's meals for each day, you can choose ahead right up until Easter. This saves lots of time in the classroom for our teachers and helps ensure that your child has a meal reserved that they will enjoy. If you need any help with how to choose, please contact the office and we are more than happy to help you.



This week, we have been raising the awareness of children's mental health through the theme Know Yourself, Grow Yourself. Across school we have carried out a variety of different activities which have included emotion check ins with the teacher. Exploring emotions with the help of the Inside Out characters, discussing how they feel in our bodies and how we might react to those feelings, and discussing strategies that we can use to handle our feelings.

We support the children throughout school to recognise that all feelings are valid and accepted, however some behaviour responses are not acceptable. Using regulation stations and our wellbeing room in school, children are supported in regulating their emotions.

We are fortunate that in addition to our own staff team we have an Educational Mental Health Specialist and a counsellor who work in Aldwyn each week. Please speak with your child's class teacher or Mrs Clark if you feel your child may need additional support with their mental health.





Aldwyn Book Corner



Supporting children who are struggling with their mental health is difficult for many parents and carers to navigate, sometimes using stories and age appropriate books can help you to navigate this road. Tameside Libraries have a wealth of books that can be accessed free of charge. Advice and support for children and young people can be found in <u>#ReadingWell</u> books at our library – many as e-books and audiobooks.

Search their catalogue for titles https://tameside.spydus.co.uk/.../spydus.../MSGTRN/WPAC/HOME

or https://www.tameside.gov.uk/libraries/eReading to download as e-books/ audiobooks

Support for children struggling with their mental health is available in school. Please speak with your child's class teacher or Mrs Clark





TIPS FOR FAMILIES



Encourage journalling

Just like Riley, encourage your older children and young people to express their emotions and thoughts through journalling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.

Make space for reflection

When children and young people reflect on their different emotions, it can help them better understand themselves and what they need.

Go for a walk, drive, or try some mindful colouring or baking together.

Be visual

Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.

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Practice mindfulness

Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.



Communicate

Feedback is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.



If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. C <u>Here4You.co.uk</u>



ALL CLUBS ARE 3.15PM TO 4.15PM

AFTER SCHOOL

SPORTS CLUBS

MONDAY DODGEBALL - YEARS 5 & 6 BOXERCISE -YEAR 4

TUESDAY - BOYS FOOTBALL YEARS 3, 4 & 5

WEDNESDAY - GIRLS FOOTBALL YEARS 3, 4, 5 & 6

THURSDAY - MULTISPORTS YEARS 1 & 2

> **FRIDAY - DANCE** YEARS 2, 3, 4, 5 & 6

£24 for Spring 2 Half Term Please book via Arbor



Dates: Feb 18th / Feb 19th 2025 10am - 2pm

Cost: Fully Funded for Tameside Residents

Ages: 8 - 16 years old

Indoor Range, Meadow Street, SK14 1RA

Please Book Here: https://www.goldcrestarchers.co.uk/



SEND SPORTS SESSIONS

7-10 YRS OLD BOYS & GIRLS

ASTLEY SPORTS VILLAGE, DUKINFIELD

FIRST SESSION

FRIDAY 14TH

TO BOOK A PLACE CONTACT



eightyfourcic@gmail.com



07894 743 241

LIMITED SPACES AVAILABLE



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